Steps to

Celiac Disease



The first step is a comprehensive evaluation of the patient's medical history, including symptoms, family history, and any previous diagnoses or treatments related to digestive issues.

BLOOD TESTS

Blood tests are performed to check for specific antibodies associated with celiac disease. The primary antibodies tested for are tissue transglutaminase antibodies (tTG-IgA) and endomysial antibodies (EMA). If these antibody levels are elevated, it indicates a possibility of celiac disease.

SMALL INTESTINE BIOPSY

A small intestine biopsy involves taking multiple small samples (biopsies) from the lining of the small intestine, usually during an upper endoscopy procedure. The samples are then examined under a microscope to look for characteristic changes in the intestinal tissue that are indicative of celiac disease.

NOTES:

It's essential to consult with a healthcare professional for a proper diagnosis and individualized care. They will guide you through the diagnostic process and help you navigate the necessary steps for managing celiac disease effectively.

