

Symptoms of

Celiac Disease

Some of the more common symptoms include:

- Abdominal pain
- Bloating and gas
- Cognitive impairment
- Constipation
- Diarrhea
- Depression and anxiety
- Fatigue
- Headaches or migraines
- Iron-deficiency anemia
- Itchy, blistering skin rash (dermatitis herpetiformis)
- Joint pain
- Missed periods
- Mouth ulcers and canker sores
- Nausea and vomiting
- Osteoporosis and osteomalacia
- Peripheral neuropathy
- Reduced functioning of the spleen (hyposplenism)
- Weight loss
- Irritability or mood changes
- Vitamin deficiency
- Elevated liver enzymes
- Dental abnormalities
- Electrolyte imbalance
- Infertility or miscarriage
- Anemia

Common Symptoms in Children

Children may exhibit any of the above listed symptoms as well as:

- Failure to thrive
- Delayed puberty
- ADHD-like symptoms